

SQ-R-10

Systemizing Quotient-Revised (SQ-R)

Instructions: Below is a list of statements. Please read each statement very carefully and rate how strongly you agree or disagree with it. There are no right or wrong answers, or trick questions.

		strongly agree	slightly agree	slightly disagree	strongly disagree
1.	When I learn about a new category I like to go into detail to understand the small differences between different members of that category.				
2.	When I'm in a plane, I do not think about the aerodynamics.				
3.	I am interested in knowing the path a river takes from its source to the sea.				
4.	When travelling by train, I often wonder exactly how the rail networks are coordinated.				
5.	When I hear the weather forecast, I am not very interested in the meteorological patterns.				
6.	I enjoy looking through catalogues of products to see the details of each product and how it compares to others.				
7.	When I look at a mountain, I think about how precisely it was formed.				
8.	When I look at a piece of furniture, I do not notice the details of how it was constructed.				
9.	When I learn a language, I become intrigued by its grammatical rules.				
10.	When I listen to a piece of music, I always notice the way it's structured.				

SCORING: Score 2 points for “definitely agree”, 1 point for “slightly agree”, and 0 points for “slightly disagree” and “strongly disagree” for items 1, 3, 4, 6, 7, 9 and 10. Score 2 points for “strongly disagree”, 1 point for “slightly disagree”, and 0 points for “slightly agree” and “strongly agree” for items 2, 5, and 8.

Key reference: Greenberg, DM et al. Testing the Empathizing-Systemizing theory of sex differences and the Extreme Male Brain theory of autism in half a million people. PNAS; 12 Nov 2018; DOI: 10.1073/pnas.1811032115



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